



WEBINAR RESOURCE GUIDE

Taking a local health and equity approach to climate change

December 12, 2023

CHR&R Tools and Resources

- **Explore our website:**

[What Works for Health](#): Searchable database of evidence-informed strategies, policies, programs and systems changes.

[Webinars](#): Live, monthly presentations showcasing equity-centered approaches and examples with a post-webinar discussion group. Available on demand.

["In Solidarity" Podcast](#): Conversations with some of our nation's brightest minds connecting power, place and health.

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Guest Resources

Dr. Vivek Shandas, professor, Portland State University

The [Sustaining Urban Places Research Lab](#) at Portland State University fosters collaboration, interdisciplinary research and community engagement on topics such as healthy urban futures, social/environmental justice and climate resilience.

This paper, which Shandas co-authored, is based on a study of 108 urban areas and the [effects of historical housing policies on resident exposure to intra-urban heat](#).

Shandas also co-authored [Portland's Response to the Western North American Heatwave](#), which describes primary prevention of heat exposure.

Guidance

Check out this What Works for Health curated [list of evidence-informed climate change strategies](#) to help communities reduce greenhouse gas emissions and mitigate the effects of climate change.

Learn [how and why climate change disproportionately affects different populations](#), according to the American Public Health Association.

Check out this [review of federal policies that contribute to racial and ethnic health inequities](#) from a National Academies committee.

Read "[Collaborating for Climate Equity](#)," co-authored by Dr. Vivek Shandas. The book explores building urban resilience to climate change through an equity-centered approach to cross-sectoral collaboration.



The Climate Centre's [Understanding the Compound Risk of Heat, Humidity and Air Pollution on Human Health](#) reviews academic literature to better understand the compound risk of heat, humidity and air pollution on human health.

This article in Nature, [Climate Change is Also a Health Crisis](#), includes graphics to explain the crisis.

[“The Heat Will Kill You First: Life and Death on a Scorched Planet,”](#) from journalist Jeff Goodell, exposes a new understanding of heat and the impact that rising temperatures have on our lives and our planet.

Discussion Group Resources

[Better Rentals, Better City: Smart policies to improve your city's rental housing energy performance](#) outlines Boulder, Colorado's, approach to mandating energy efficiency in rental housing as an obligation for landlords.

[The Medical Society Consortium on Climate and Health](#) organizes major medical societies and their members to promote health and equity in climate policy.

The [Portland Clean Energy Community Benefits Fund](#) is an example of a community-focused funding effort that creates green jobs, funds improvements to homes through renewable energy and energy efficiency investments, and supports local businesses.

Healthy Places by Design (HPbD)

[Healthy Places by Design](#) facilitated the post-webinar discussion group. Its [Community Action Model](#) was developed with insights from more than a dozen years supporting successful community health initiatives and a deep understanding of the community change process.

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