



# WEBINAR RESOURCE GUIDE

Investigating new approaches to racial healing

January 16, 2024

#### **CHR&R Tools and Resources**

#### • Explore our website:

<u>What Works for Health</u>: Searchable database of evidence-informed strategies, policies, programs and systems changes.

<u>Webinars</u>: Live, monthly presentations showcasing equity-centered approaches and examples with a post-webinar discussion group. Available on demand.

"In Solidarity" Podcast: Conversations with some of our nation's brightest minds connecting power, place and health.

#### • Stay in touch:

- Subscribe to our newsletter
- Subscribe to our podcast, In Solidarity
- Follow us on Twitter (X)
- Like us on Facebook
- o Follow us on LinkedIn

#### **Guest Resources**

Kevin Leacock, program manager, Community Innovations for Racial Equity of Build Health Places Network

A Playbook for New Rural Healthcare Partnership Models of

<u>Investment</u> is an action-oriented guide for health care organizations that want to partner with local community and economic development sectors in rural areas and small towns.

<u>Partnerships for Health Equity and Opportunity</u> provides advice for community developers to navigate the health care ecosystem.

<u>Equitable Policy Processes for Multisector Health Efforts</u> helps coalitions embed equity in policymaking processes.

#### Guidance

Build Healthy Places' REPAIR
Framework for CommunityInstitution Solidarity in Racial
Healing helps determine the
most effective ways for
institutions and partnering
organizations to "rectify past
harms done to historically
marginalized and underresourced communities in ways
that are both tangible and
sustainable."

Check out these past CHR&R webinars about racial healing and health:

- Exploring the connection between racial healing and health
- Racial healing for health







### **Discussion Group Resources**

The <u>Racial Healing Handbook</u> by Anneliese Singh offers tools to develop racial consciousness and conscientiousness.

In <u>The Sum of Us</u>, Heather McGhee cites economic and sociological research to discuss the broad costs of racism. View a recording of a <u>community conversation</u> with McGhee that was hosted at Old Dominion University in October 2023.

<u>Stamped from the Beginning</u> by Ibram X. Kendi outlines the history of racist ideas and how they were created to justify entrenched racist policies and racial inequities.

We Can't Talk About That at Work! by Mary-Frances Winters provides insights about how to have conversations about race, religion and politics.

The National Association of County and City Health Officials' Mobilizing for Action through Planning and Partnerships (MAPP) is a community-driven tool that centers equity in community planning processes and actions.

The Change Agency developed this **Power Mapping template**.

<u>Shift Happens in Community</u> is a toolkit to mobilize community members and agency partners to address deeply rooted inequities in rural communities.

The Center for Disease Control Foundation's <u>Strategies to Repair Equity and Transform</u> <u>Community Health (STRETCH)</u> framework centers equity throughout public health domains and deploys a systems-change approach.

The Bipartisan Policy Center works with both political parties to develop solutions.

The LAPP Technique provides an approach to discuss differing political opinions.

## Healthy Places by Design (HPbD)

<u>Healthy Places by Design</u> facilitated the post-webinar discussion group. Its <u>Community Action</u> <u>Model</u> was developed with insights from more than a dozen years supporting successful community health initiatives and a deep understanding of the community change process.

#### • Stay in touch:

- Follow HPbD on LinkedIn
- Subscribe to our <u>newsletter</u>