

Webinar Date: August 16, 2022

## Healing Trauma for Better Health

### County Health Rankings & Roadmaps Tools & Resources

- The [Racial Wealth Building](#) curated list includes evidence-informed strategies to close the racial wealth divide. These solutions account for historical practices that established and maintain the wealth divide—and reduce wealth inequities by increasing income and assets, expanding employment opportunities, removing barriers to quality education, and increasing access to homeownership.
- Trauma informed approaches respond with care and support to residents and distressed communities.
  - [Trauma-informed approaches to community building](#)
  - [Trauma-informed juvenile justice systems](#)
  - [Trauma-informed health care](#)
- [Culturally adapted health care](#) is a strategy that tailors care to patients' norms, beliefs, values, language, and literacy skills.
- Check out [recordings and PDF of slides](#) for all CHR&R webinars.
- [Explore Health Rankings](#): The annual Rankings provide a revealing snapshot of how health is influenced by where we live, learn, work and play. Find and use your county data, read our reports, and learn more what and why we rank.
- [Take Action to Improve Health](#): Find strategies that we know work, guidance for setting a plan in motion, and resources to help you partner with others.
  - [Action Learning Guides](#): Dig into specific topics with a blend of guidance, tools, and hands-on activities.
  - [Partner Center](#): Find guidance and resources to help you identify and engage the right partners.
  - [Action Center](#): Explore step-by-step guidance and tools to help you move with data to action.
- [Online & On Air](#): Sharing the stories of others ignites possibilities and inspires action. Find out about upcoming webinars, listen to our podcast [In Solidarity](#), and check out community highlights.
- [What is Health?](#) Learn about our vision of health.
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### *Highlighted Guidance*

**Thunder Valley Community-Oglala Lakota Nation, Oceti Sakowin Territory** is a RWJF Culture of Health Prize Winner. Read more about the impactful efforts in this community: [Thunder Valley Forges a Pathway to Healing, Hope, and Liberation.](#)

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## County Health Rankings & Roadmaps

Building a Culture of Health, County by County

A Robert Wood Johnson Foundation program



### Webinar Guest Resources

Tatewin Means, Executive Director, Thunder Valley Community Development Corporation

- Watch [this video](#) to learn how Thunder Valley Community Development Corporation is walking forward in liberation

### Healthy Places by Design Resources

- [Healthy Places by Design](#) facilitated the post-webinar discussion group session. Their [Community Action Model](#) was developed with insights from more than a dozen years of supporting successful community health initiatives and a deep understanding of the community change process.
- Follow Healthy Places by Design on Twitter [@HPPlacesbyDesign](#)